



Achieving excellence together

Approved Specialist Program AFL ACADEMY

Our AFL Academy is centered around developing students into confident and competent young athletes and learners. With a focus on achieving collectively, students within our Academy are pushed to progress independently, but to also work with others to see mutual gains. Students within our Academy have the benefit of being taught by experienced teachers who have a breadth of knowledge in all aspects of AFL. The AFL Academy Coordinator, Kimberley Boulton a current East Fremantle Women's player, has vast experience in umpiring as well as coaching youth. She has a particular interest in developing female football in Western Australia and at Cecil Andrews College, which has already seen a significant increase in the number of female students within our current AFL Academy groups. AFL Specialist Teacher, Jarrod Wayne a current Thornlie Football Club player, has a wealth of football knowledge and teaching experience. He brings with him an in-depth understanding of the intricacies of football with his experience in youth coaching and strength and conditioning coaching.

Passion. Skill. Success.

CECIL ANDREWS AFL ACADEMY

Our students receive a diverse AFL experience that encompasses:

- Sequential Skill Development
- Game Tactics and Strategies
- Administrative Work
- Comradery
- Umpiring
- Coaching
- Fitness

COURSEWORK

The program is delivered throughout the school week with an allocated 5 x 64-minute periods of contact time. In addition, there is out of school training, games and volunteering requirements. Time is spent both in a classroom and utilising the gym, oval and weights room. There is a major emphasis on the development of individual skills and game skills. Each year group also has a different theoretical focus. In Year 7-8 students cover the Health Curriculum and in Year 9-10 they undertake an AFL contextualised Physical Education Studies course.

ENRICHMENT ACTIVITIES

AFL Academy students are also involved in:

- Annual Celebratory Games / Competitions
- Interschool Competitions
- Coaching Opportunities
- Interstate Tours / Trips
- Umpiring
- Students also have the opportunity to interact with our local primary schools to run coaching clinics and development / information sessions, giving them a range of useful practical experience.

HOW TO APPLY

Selection requires a positive academic record and training attitude combined with the necessary skills and experience in Australian Rules Football. This information is gained from their current school and junior football club. An applicant who has not received access to quality coaching, but shows potential will be taken into consideration.

Each year in Term 2 & 3, the College calls for trial applications. Students in Years 5 & 6 are eligible to apply. Students who are offered positions in other specialist programs (except the Specialist Performing Arts Program) are also eligible to apply. Visit our school website for more information and to download application forms.



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T: 08 9234 3400

39 Seville Drive, Seville Grove WA 6112

cecilandrewscollge.wa.edu.au