

Course Structure - 2025

COURSE DURATION

1 Year

UNITS		TYPE	NOMINAL HOURS	WEEKS DELIVERY
HLTWS001	Participate in workplace health and safety~	Core	20	3
SISXEMR003	Respond to emergency situations~	Core	20	3
HLTAID011	Provide first aid	Elective	18	3
SISSPAR009	Participate in conditioning for sport	Import	30	4
SISSSOF002	Continuously improve officiating skills and knowledge	Import	20	3
SISXCCS004	Provide quality service	Core	25	4
SISXPLD001	Provide hire equipment for activities	Elective	10	2
SISOFLD001	Assist in conducting recreation sessions*	Core	30	5
SISXFAC006	Maintain activity equipment	Core	5	1
SISXIND011	Maintain sport, fitness and recreation industry knowledge	Core	50	7
TOTAL			228	35



For schools wanting to customise the course content (choose different electives and/or imported units), you can find the available options (permissible substitutes) listed on the back of this document.

All units are shown in IVET's standard (suggested) sequence of delivery.

The weeks delivery per unit is based on a 35-week delivery period.

~ Indicates a cluster.

* Indicates units with assessor industry experience requirements.



REQUIRED WEEKLY TIME COMMITMENT (Scheduled[^])

In-class	5 hrs	Homework	1 hr
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[^]Scheduled hours means timetabled class time and time allotted for homework only. Further contributions to students' overall learning occur in a variety of ways - this will be documented in the course's Master Training & Assessment Strategy.

In the event of customisation of this program (elective unit substitutions), the required amount of training will be re-calculated and documented in the form of a customised delivery schedule and as an appendix to the Master Training & Assessment Strategy.




Permissible Substitutes

The units below are the remaining electives from within the qualification’s packaging that are available for selection by schools.

These elective units can only be substituted/swapped with other elective or imported units, but not added – i.e. the total number of units cannot be increased. A maximum of two imported units are allowed. Please refer to qualification packaging rules for precise information on allowable course composition.

The core units (see reverse side) cannot be substituted and must be retained.

	UNITS	TYPE	NOMINAL HOURS
SISCAQU020	Perform water rescues*	Elective	10
SISSPAR001	Participate in sport at an intermediate level	Import	40
BSBPEF301	Organise personal work priorities	Elective	30

Further units may be available to import from other qualifications or training packages. In the event that your school has a specific need for a unit not listed above, please consult your School Relationship Officer.



Important – As the student resource is printed as a standardised course book, the unit-based resource for any substitute units will only be available in soft copy for the school/students to self-print.



IVET First Aid Training Services

First Aid training for staff and students is available across multiple locations in Victoria. For more information or to secure First Aid training with IVET in 2025, speak to your School Relationship Officer.

All information provided is current at the time of print, however, is subject to change based on Training Package updates or changes made by the State Curriculum Authority. In the event of such changes, the actual course composition may vary from the above.

